

Sun Mon Tue Wed Thu Fri Sat

September 2011

1
Baked Chicken
— Fruit and veggies—
Broccoli w/ Cheese Sauce
Peaches
— OTHER —
Mashed Potatoes Roll

2
Homemade Sloppy Joes on a Wheat Bun
— Fruit and veggies—
Garden Salad
Diced Peaches
— OTHER —
Roll

3

4
No School



Labor Day

6
Fish Sticks
— Fruit and veggies—
Green Beans
Slices Peaches
— OTHER —
Mashed Potatoes Roll

7
Pizza
— Fruit and veggies—
Mexican Corn
Green Salad
Fruit Cup

8
Chicken Fried Steak w/ Gravy
— Fruit and veggies—
Mustard Greens
Fruit Cup
— OTHER —
Steamed Rice Roll

9
Cheeseburger w/ Lettuce, Tomatoes, Pickles Apple
— OTHER —
Baked Potatoes Tarts

10

11
Chicken Casserole
— Fruit and veggies—
Broccoli
Diced Orange
— OTHER —
Roll

12
Chicken Tacos
— Fruit and veggies—
w/ lettuce, tomatoes
Spanish Rice
— OTHER —
Pinto Beans

14
Pepperoni Pizza
— Fruit and veggies—
Baby Carrots w/ Ranch Dressing
Fruit Assortment

15
Chili Mac
— Fruit and veggies—
Veggie Salad
Apple Slices
— OTHER —
Roll

16
Spaghetti w/ Ground Meat
— Fruit and veggies—
Spinach
Fruit Cup
— OTHER —
Roll

17

18
Swedish Meatballs
— Fruit and veggies—
Green Beans
Diced Peaches
— OTHER —
Buttered Rice Roll

19
Chicken Tetrazzini
— Fruit and veggies—
Green Salad
Apple
— OTHER —
Roll

21
Pepperoni Pizza
— Fruit and veggies—
Broccoli
Fruit Assortment

22
Turkey Hot Dog
— Fruit and veggies—
Baked French Fries
Fresh Green Apple
Chocolate Chip

23
Chicken Fajitas
— Fruit and veggies—
Spanish Rice
Ranch Style Beans
Fresh Fruit
— OTHER —

24

25
Chicken Corn Dog
— Fruit and veggies—
Veggie Salad
Fruit Assortment
— OTHER —
Baked Fries

27
Chicken Tetrazzini
— Fruit and veggies—
Green Salad
Sliced Peaches
— OTHER —
Roll

28
Lasagna
— Fruit and veggies—
Green Beans
Fresh Fruit
— OTHER —
Roll

29
Baked Chicken
— Fruit and veggies—
Spinach
Fresh Orange
— OTHER —
Steam Rice Roll

30
Frito Pie
— Fruit and veggies—
Veggie Salad
Slice Peaches

Meal Pricing:

Breakfast: \$1.25

Reduced Breakfast: \$0.30

Lunch: \$2.25

Reduced Lunch: \$0.40

Your child may qualify for free or reduced-price meals. To apply for free or reduced-price meals, simply visit the front office and complete a Free and Reduced Price Meal application.

Beatrice Mayes Institute Charter School

Pay for lunch online. Visit our website!!

www.bmicharter.org



Lunch Meal Prices has changed